

# Natalia Arroyo

She/Her/Hers | (626) 478-8121 | natalia.arroyo670@csu.fullerton.edu

## EDUCATION

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**California State University, Fullerton** — *Sociology, M.A.*

*Expected Summer 2024*

**Project:** “Graduate Student Orientation among the graduate student population at CSUF”

**California State University, San Bernardino** — *Sociology, B.A.*

*Spring 2022*

## TEACHING INTERESTS

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Intro to Sociology, Sociology Quantitative Analysis & Survey Research, Sociology of Families, Sociology Deviant Behavior, Sociology of Social Inequality, Sociology of Higher Education, Sociology Internship, Sociology Social Media and Social Interaction

## TEACHING EXPERIENCE

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**Graduate Assistant**, CSU Fullerton - Sociology Department, Fullerton, CA

*September 2023 – May 2024*

**Course Assisted In:** Sociology 201: Social Media and Social Interaction

- Review and grade weekly discussion posts submitted by students
- Track missing and late assignments throughout the semester
- Engage in weekly check-ins with the instructor to offer feedback on student performance
- Respond to student questions and comments regarding discussions and homeworks

**Social Service Intern**, Reach Out

*August 2023-December 2023*

1126 W Foothill Blvd #250, Upland, CA 91786

- Attended outreach events to serve the Inland Empire community residents
- Helped facilitators during parenting classes for the Nurturing Families Program for court mandated parents approved by the San Bernardino court
- Completed Outreach events for the Jurupa Valley Resource Center
- Created flyers/advertisement supplies for Intervention Specialists team

**Intervention Specialist**, Reach Out

*November 2022 – Present*

1126 W Foothill Blvd #250, Upland, CA 91786

- Provide mental health resources and social emotional support to students within Etiwanda High School’s Wellness Center
- Meet with students on a 1:1 basis to better support their needs through interventions
- Connect students to appropriate on-campus staff (counselors, MFTs, nurse, Principal of Student Services)
- Referred students to community resources in the area
- Create workshops related to mental health such as anxiety, anger management, self-care, coping mechanisms
- Facilitated NCTI Youth Alcohol and Drug Abuse groups for students at Etiwanda High School
- Advocate for student’s mental health in school and within the community
- Provide case management in regards to student data
- Apart of a mental health committee working with the A.P. of Student Services at Etiwanda High School

## MENTORING EXPERIENCE

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**Youth Education Specialist**, Children Youth & Education Collaborative

*June 2022 – November 2022*

1200 W 37th Pl, Los Angeles, CA 90007

- Worked with foster youth, homeless youth, at-risk youth, and youth on probation in Pomona, Ca

- Mentored and provided guidance to ensure students' progress in academics and social skills
- Served four elementary school sites in Pomona, CA
- Collaborated with partner agencies, caregivers, social workers, case workers, and DCFS
- Monitored and documented student progress on educational objectives
- Collaborated with school staff, such as teachers, counselors, principals, etc., to ensure the success of the program

**Behavioral Technician**, Hummingbirds Behavior Therapy

*June 2022 – July 2022*

3333 Concourse St, Suite 4102 Ontario, CA 91764

- Provided direct 1:1 therapy to clients diagnosed in autism spectrum and in other developmental disabilities through implementation of Applied Behavioral Analysis techniques and strategies
- Followed treatment goals and conducted interventions
- Collected notes on accurate A-B-C count, frequency, duration, latency and interresponse time during client sessions
- Collaborated with clients and parents for services and in home visitations

**Daycare Specialist**, Options Child Care

*January 2020 – April 2022*

El Monte, CA 91731

- Attended community outreach events and promoted the Options for Youth program
- Collaborated with parents about the program
- Taught students on weekly homework assignments

**RESEARCH EXPERIENCE**

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**Project:** “Graduate Orientation among the graduate student population at CSUF”

**Principal Investigator:** Natalia Arroyo

- Development of a research proposal for IRB approval
- Carried out a survey for data collection
- Conducted extensive research to create a literature review
- Developed an informed consent form
- Completed a data request form and survey form to administer survey to CSUF grad population
- Completed a FERPA training for research
- Used a mix-method approach to analyze data

**CONFERENCE PRESENTATION**

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- NICC conference hosted by Reach Out, wellness center presenter *June 2023*

**CERTIFICATES**

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- Mandated Reporter Certification
- Youth Mental Health First AID
- NCTI CrossRoads Certified
- Facilitator Real Colors Certified
- QPR Suicide Prevention Certified
- San Bernardino County children’s network Certified
- FERPA certification from CSUF
- CITI Program Training: Social and Behavioral Responsible Conduct of Research from CSUF

## HONORS AND AWARDS

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- California State University, San Bernardino Dean's list *Spring 2020*
- California State University, San Bernardino Dean's list *Fall 2021*
- California State University, San Bernardino Dean's list *Spring 2022*

## COMMUNITY INVOLVEMENT

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- Alpha Delta Pi Sorority Chapter Foundation Ambassador *August 2021- December 2022*
- Lead the 1851 violet circle
  - Conducted fundraisers for sorority
  - Managed orders for APDI greek organization at CSUSB
- Ronald Mcdonald House Charities Meals of Love at Loma Linda Hospital *December 2022*
- Served food to families of children staying at the RMHC house
  - Cooked and cleaned house for parents and children
- Future Forward Backpack Event *June 2023*
- Managed the activities committee for Reach Out's event
  - Handed out resources and conducted games for children attending event
  - Gave away free backpacks to children
- Reach Out's Posada Event for Inland Empire *November 2023*
- Supported Reach Out's staff
  - Supported vendors and set up event at the park
- Reach Out's Dia De Los Muertos Event for Inland Empire *October 2023*
- Set up community event
  - Gave out resources and handouts
- Reach Out's Toy Drive *December 2023*
- Set up event
  - Gave presents to families
  - Helped direct community members
- Mental Health Resource Fair at Etiwanda High School *March 2024*
- Informed students about mental health services
  - Shared wellness center information on campus
  - Gave out resources/handouts
  - Provided engaging activity for students
- Peer Counseling Summit at Alta Loma High School *March 2024*
- Shared wellness center information to peer counselors
  - Helped set up mental health activities
  - Conducted a sound bath for school staff and students
- Beyond the Surface Event at Rancho Cucamonga City *April 2024*
- Supported students with horse therapy session, and puppy yoga
  - Facilitated a table with students on discussion regarding mental health